

Where is it



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Frodsham u3a Newsletter June 2026

www.frodsham.u3asite.uk

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Charity Number 1204971



"June is the gateway to summer."

Next u3a Meeting - Thursday 18th June

Paul Atherton will talk on Battle of Brunnanburgh



Brunnanburgh was a huge battle fought in 937 AD between two huge armies assembled by the Saxon King Athelstan and a coalition of Hiberno Norse, Scots and Vikings led by King Anlaf (or perhaps Olaf). It prompted the creation of a new nation called England. It happened on the Wirral (we think!) *Jo*



Frodsham u3a

Wishes a Warm Welcome
to the following New members In June

Julie Pugh	Eira Cotterill
Carol Devlin	Jane Williams
Ruth Murphy	Liz Casey
Rob Casey	Geoff Thompson
Linda Girard	Graham Clamp

Wednesday July 1st 2.30pm



Les Liaisons Dangereuses
streaming from the National Theatre
to the Vue Cinema Cheshire Oaks.

Lux saver seats £22.00

Sign up and pay at June meeting

FILM APPRECIATION GROUP



Billy Wilder's classic 1959 comedy, "Some Like It Hot" is often considered to be one of the greatest films of all time despite suffering a particularly difficult production process. We'll consider if this ever shows on screen and whether the finished product still passes the test of time. Modern Iranian film makers suffer very different production challenges but still manage to produce life affirming and charming movies as the much-lauded "My Favourite Cake". Both films are available to watch in advance on BBC iPlayer ("SLIH" only until 23rd June) and you can join in the discussion one week later than normal on 30th June at 10.30 in the Community Centre Lounge. Contact Steve via the website for more details or to register your interest. *Steve*



Group Leaders' Meeting Monday 6th July 10.30 - 12.30 at the Community Centre

All Group Leaders are warmly invited to a meeting where the committee will share the latest u3a updates and give everyone the chance to raise any concerns or issues. We will also provide coffee and cake!

This will be an opportunity to:

- Hear important news and developments
- Discuss any challenges your groups are facing
- Share ideas and good practice with fellow leaders

Please come along. Your input is really valued, and your perspective helps us keep our u3a running smoothly and positively. *Gill*

the u3a Essay Competition 2026

The u3a Essay Competition 2026 is here and the theme is The Most Incredible Journey. In 1,000 words or fewer, members are invited to share the story of a real, non-autobiographical journey. This might be a famous expedition, a scientific or medical breakthrough, a historical voyage that changed lives, or a cultural, intellectual or spiritual journey. The emphasis is on telling a true story in an engaging and accessible way. What remarkable journey will you uncover and share?

Submit your essay by Friday 31st July at 12 noon for the chance to win prize books kindly donated by HX Expeditions. [u3a - u3a Essay Competition 2026](#) *Gill*



It is planned to take a coach to

Southport Flower Show on August 21st.

The total cost including coach fare and entry to the flower show will be approximately £46. The coach will leave Frodsham Community Centre at 9.30 am **Please let us know if you wish to come and pay by the monthly meeting on July 16th** Sue



National Garden Schemes in Cheshire



1. MOUNT PLEASANT GARDENS & SCULPTURE TRAIL, YELD LANE, KELSALL CW6 0TB

The gardens boast thousands of varieties of plants and are a riot of colour throughout the summer season. The tiered garden cascades down a gently sloping hillside providing outstanding views over the Cheshire Plain.

1pm WEDNESDAY 5th AUGUST. Sign up at monthly meeting – pay on the day. **ADMISSION £8** – Tea, coffee & cakes available

2. MARSH FARM, MARSH LANE, CROWTON CW8 2RL

An artisan flower farm specialising in British grown seasonal cut flowers, grown sustainably without the use of pesticides and fungicides. Join us to visit a working flower farm and meander up and down the flower beds.

SUNDAY 23rd AUGUST 1pm. Sign up at monthly meeting – pay on the day.

ADMISSION £5 – tea, coffee & cakes available Sue



Waitress

Having received standing ovations night after night in London's West End and on Broadway, **Waitress** is 'the real deal' (INDEPENDENT) musical comedy 'made from the finest ingredients' (TIME OUT)



WEDNESDAY 9th SEPTEMBER 2.30pm @ LIVERPOOL EMPIRE

COST £39.50 – sign up and pay at monthly meeting Sue



Where is it

Castle Park Arts Centre

News & Views Discussion Group

News & Views Discussion Group are looking for one or two more members. (We meet the first Tuesday of each month 10.30am)

Topics cover current/ongoing news stories local, national or international, which members wish to discuss.

The topic may be about eccentric, puzzling, amusing, thought-provoking or irritating aspects of human nature that hopefully result in lively good-humoured discussion.

We will always be tolerant and respectful of other people's views.

For more information please contact Jo via the group leader link on the Frodsham u3a website under Groups Timetable, News & Views

Jo

Frodsham u3a Marks 30 Years of Community and Learning



Frodsham u3a celebrated its 30 year anniversary with a lively afternoon gathering at Frodsham Community Centre.



Members came together to enjoy music, magic, conversation and a wonderful afternoon tea.

The Chair opened the event with reflections on how the group has grown since 1996, now offering a wide range of interest groups and welcoming members from across the area.

The afternoon also included thanks to the many people whose dedication keeps Frodsham u3a thriving. The atmosphere was warm, friendly and full of the spirit that has defined the organisation for three decades.

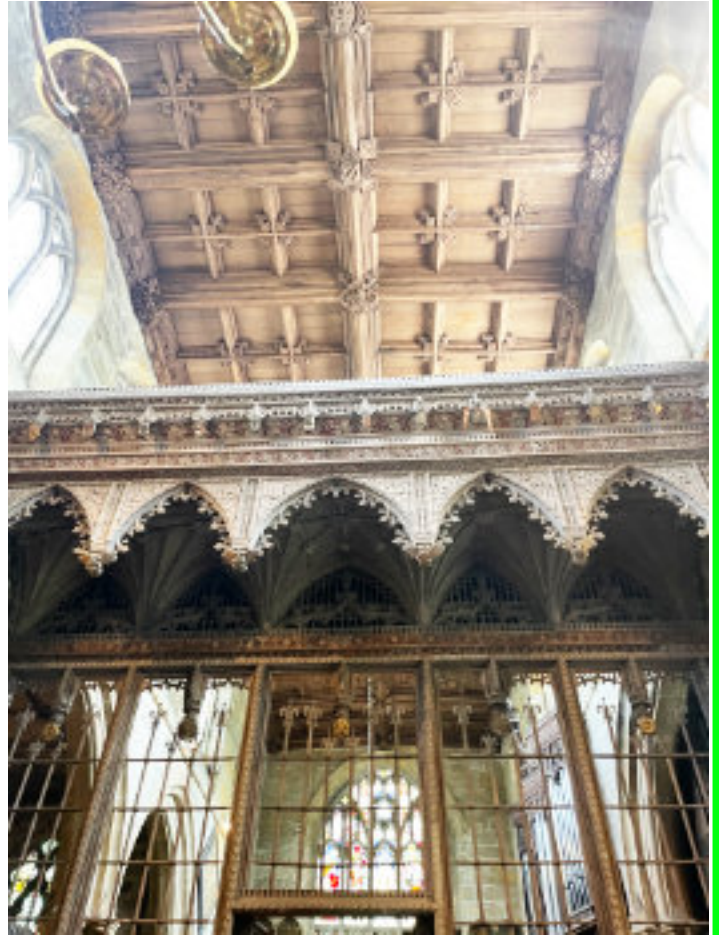
Gill

Amendment to our Constitution

At our AGM in March changes to the Constitution in relation to the composition of the Committee, and the time allowed for the payment of subscriptions were proposed and agreed. These changes have now been applied and the updated Constitution is now available to view on our website.

Click the following link to see updated constitution <https://frodsham.u3asite.uk/wp-content/uploads/2026/05/Frodsham-u3a-constitution-March-2026-V2.pdf>

Karen



Church visiting group

Last month the church visiting group enjoyed the interesting historic and beautiful church of St Helen's at Sefton.

Anita

Creative Crafts

A fun Craft Session creating funky "Fat Chickens" from two crochet squares with the excellent guidance of Josie.

Nora



Painting Group



All super focused on our Spring into Summer projects

Sue
