

Where is it



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Frodsham u3a Newsletter July 2026

www.frodsham.u3asite.uk

07517 619606

Charity Number 1204971



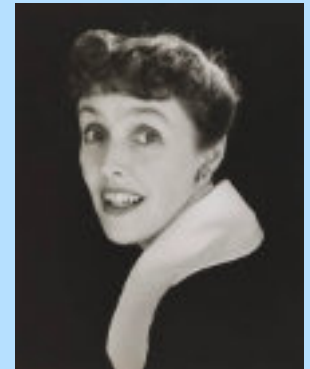
"July: when 'too hot to handle' applies to both the weather and my BBQ skills!"

Next u3a Meeting - Thursday 16th July

Jean Finney will talk on "Joyce Grenfell".

Essentially, Jean presents "the ladies created by Joyce Grenfell" through her life, her songs and monologues".

Jo



INDUSTRIAL HISTORY GROUP

Visit to St. Helen's Glass Museum - Thursday 23rd July

Janet de Haas has arranged a visit to St Helen's World of Glass Museum for the Frodsham u3a Industrial History Group on Thursday July 23rd.

We would like to throw this open to the rest of the club because there are clear advantages if the group comprises at least twenty people. If we achieve that we become eligible for the inclusive offer of a guided tour, glass blowing demonstration, and buffet lunch for £18.

If we don't reach that number we can still have a very interesting visit if we self-guide. In that case there is no charge for the museum; the glass-blowing demo costs £5, and there is a good cafe.

There is lots more to explore at the museum as much has changed since our last visit before Covid.

Cars will be leaving the Community Centre at 10 am for the half-hour journey.

If you would like to join us for this visit please let Janet know (janetdehaas@gmail.com) and Guy Garfit (guy@garfit.co.uk) know. Also, say whether you can offer lifts, or would like a lift.



Guy



It is planned to take a coach to

Southport Flower Show on August 21st.

The total cost including coach fare and entry to the flower show will be approximately £46. The coach will leave Frodsham Community Centre at 9.30 am **Please let us know if you wish to come and pay by the monthly meeting on July 16th** *Sue*



Barge trip Wednesday 2nd Sept

From the Cheshire Cat, Christleton to the Shady Oak pub at Beeston and return. Cost £15 per person.

Sign up and pay at monthly meeting *Gill*



Waitress

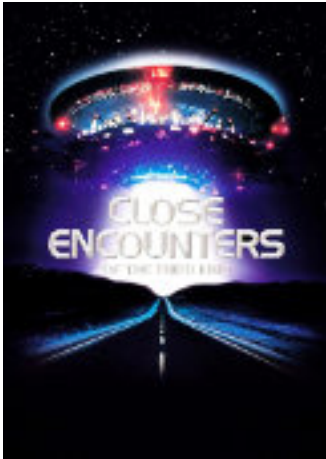
Having received standing ovations night after night in London's West End and on Broadway, **Waitress** is 'the real deal' (INDEPENDENT) musical comedy 'made from the finest ingredients' (TIME OUT)



WEDNESDAY
9th SEPTEMBER 2.30pm @
LIVERPOOL EMPIRE

COST £39.50 – sign up and pay at monthly meeting *Sue*

FILM APPRECIATION GROUP



To mark the release of Steven Spielberg's latest alien summer blockbuster, "Disclosure Day", the Film Appreciation Group will be looking back to his first exploration of the extra-terrestrial in "Close Encounters of the 3rd Kind" from (amazingly) almost 50yrs ago.

Coming down to Earth with a bang, our second choice is "Sound of Metal" which received 6 Oscar nominations in 2021 including for stand-out performances by Riz Ahmed and Paul Raci. Both now available on BBC iPlayer although the latter only until 18th July. As an added bonus this month, we'll also take a look at this year's Oscar winning short film "The Singers" which is available on Netflix. Any film-lovers are welcome to join us at 10.30am on 28th July at the Community Centre.



Steve

CROQUET



Come and join our lively Croquet Group! You will benefit from sunshine (sometimes), gentle exercise, and the occasional triumphant moment when your ball actually goes where you meant it to.

No skill required — enthusiasm encouraged. Equipment provided.

Games are usually held on a Sunday afternoon and will be confirmed on a weekly basis by the group leader via a WhatsApp group.

If you would like to come along, contact Roger via the groups page on the website. *Gill*

WELCOME

Frodsham u3a

Wishes a Warm Welcome
to the following New member In June
Pip Brown

Creative Crafts

"Lovely Beaded Memory Wire Bracelets created with the expert guidance and patience of Dorothy". *Nora*



PICKLEBALL GROUP

On Thursday, 2nd July, our pickleball group took part in a friendly match with neighbouring Chester and Flintshire u3a's

The match was organised by one of the Flintshire groups (Flintshire has two!) and played at



Ellesmere Port Sports Village. Each u3a fielded two teams, each team consisting of two women and two men. Each player played in six games: one gender doubles and two mixed doubles against both other groups.

I am proud to report that Frodsham won both sections.

A Teams

Frodsham 8
Chester 6
Flintshire 4

B Teams

Frodsham 10
Flintshire 8
Chester 0

Frodsham Teams

Left to right: Mark Partington, Kate Smith, Ian Graham, Jane Leyland, Linda Wakeham, Paul Clarke, Helena Dennett, John Perry

Pat Ridley Group Leader

Well Done

To the Pickleball Group

Gill

Buongiorno

Italian Conversation Group

Join Our Italian Conversation Group — **Parla con noi!** A friendly, relaxed space to learn Italian, boost your confidence, and enjoy great company.

What you'll enjoy

- Regular Meet ups — Fun, informal sessions where all levels are welcome.
- Real life conversation practice — Chat about travel, food, culture, and everyday life.
- Supportive community — No pressure, no tests, just friendly people learning together.
- 2nd & 4th Tuesday in the month 2pm to 3.30pm @ the Ring o Bells pub. No charge, just buy a drink at the bar.
- If you would like to join us, contact Gill via the website

Gill



Where is it

Door high wall Kash 22 Kidds Wynt

Are you a member of u3a Friends yet?

What does u3a friends offer?

The scheme includes

- Regular and special issues of the online national u3a Friends Newsletter, filled with news from u3as across the country, plus fantastic offers and services.
- Information about nationwide u3a events and national initiatives.
- Access to learning opportunities via *Interest Groups Online* for a low fee.
- Exclusive access to our u3a Friends Extra benefits program, featuring discounts, offers, and additional services across a range of areas, including:

Explore the UK with *u3a Getaways*

We're taking learning on tour with our exclusive holiday programme for u3a members, *u3a*



Getaways. Open to members and their friends, our themed trips venture across the UK and cover wine tasting, zoology and aviation.

The first trip, taking off on 14 September in Torquay, explores the life of one of Britain's most iconic authors, Agatha Christie. Coinciding with the *Agatha Christie Festival*, members can follow in Christie's steps and see the locations that

inspired some of her greatest works, look for the [u3a getaways](#) on the national u3a website.

Gill

THE TRAVELLING AUCTIONEERS

STV Studios is looking for people to take part in the new series of the BBC's The Travelling Auctioneers. An ideal opportunity if you're looking to downsize and need to reduce the contents of your home.

- ***Is your home overflowing with unwanted antiques, heirlooms, or collectables?***
- ***Would you like to turn that clutter into cash?***
- ***And do some of your items need a touch of TLC to restore them before they head to auction?***

The team are back on the road in their trusty van and would love to help you.

They're looking for people who could use the help of an auctioneer, and an expert craftsman, in the hope of selling some possessions at auction. You might even make a little money along the way.

Apply by visiting STVstudios.com/take-part or send a text on Whatsapp to 07342 393786 to request an application.

Gill

Church visiting group St Peters Church, Plemstall



Exquisite wooden carvings and an interesting tomb at St Peter's church Plemstall.



Over 40 years one of the previous vicars filled the church with his wonderful carvings including those around the font. We were joined by my son and his wife as he was Christened here - a little smaller then!

Anita



and of course refreshments afterwards.

PAINTING GROUP

Lyn has painted Harry the Hare



Sue