

Frodsham u3a Newsletter August 2026



www.frodsham.u3asite.

Charity Number 1204971

"Sunshine lives longer in August."

Next u3a Meeting - Thursday 20th August

David Hearn will talk on "Soldiers on the Streets, Warships on the Mersey". Strikes in 1911 and 1919 led to fears of insurrection and revolution and the government felt the need to make a strong show of force with troops on the streets and warships on the Mersey.

Jo



Wishes a Warm Welcome
to the following New members In July

Teresa Upton
Maggie Crimes
Suzanne Stockton
John Sykes
Christine Kendall



Our coach trip to the **Southport Flower** show has been **cancelled** due to numbers being too small to make it viable.

However, if anyone is still planning to attend there is a 30% discount available to u3a members which you can get by quoting the code u3a26 when you purchase tickets.

Gill

Church visiting group St. Deiniol's Harwarden



Our **History Group** were fascinated to see the excavated Old Dock that started Liverpools' rise to become a major international port.



Creative Crafts

Last month creative crafts
made under the supervision
of Valerie

Sue



TRIPS OUT



THE MISANTHROPE

WEDS 30 SEPT 2.30pm

VUE CHESHIRE OAKS

COST £21

Award-winner Sandra Oh (Killing Eve) plays the title role in this razor-sharp reimagining of Molière's classic dark comedy.

STAX OF SOUL

Friday 9th October 2026 7.30pm

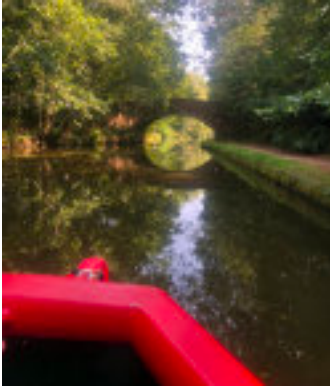
Brindley Theatre

COST £21.50



Prepare for an electrifying evening as this legendary 100% live nine-piece band brings the greatest soul sounds to life, backed by their signature brass section and unstoppable stage energy. Stax of Soul delivers timeless classics from Stax, Atlantic, Motown, and Northern Soul, paying tribute to icons such as James Brown and The Blues Brothers.

NARROWBOAT TRIP 15 JULY



On a Monday in July, 12 of us cruised from Preston Brook Wharf to Runcorn Old Town and back down the Bridgwater canal, pausing for lunch at the Brindley cafe.

The route was very peaceful and scenic, perfect for enjoying the lovely sunny day.

Gill



A Tantric of the Tow Path

By Terry Clarke

On a near perfect, blue sky day,
We boarded our floating “Rainbow”
Of a barge, in search of a pot of gold,
Soaking up the sun’s dappled rays,
On the compact lido deck,
As we cast off from,
A sleepy Preston Brook Wharf,

Embarking on an hypnotic
Backwater odyssey,
Without the hint of an angry wave,
Swaddled within our floating capsule,
With copious mugs of coffee and teas,
In hand, while swapping a lifetime’s
Worth of traveller’s tales,

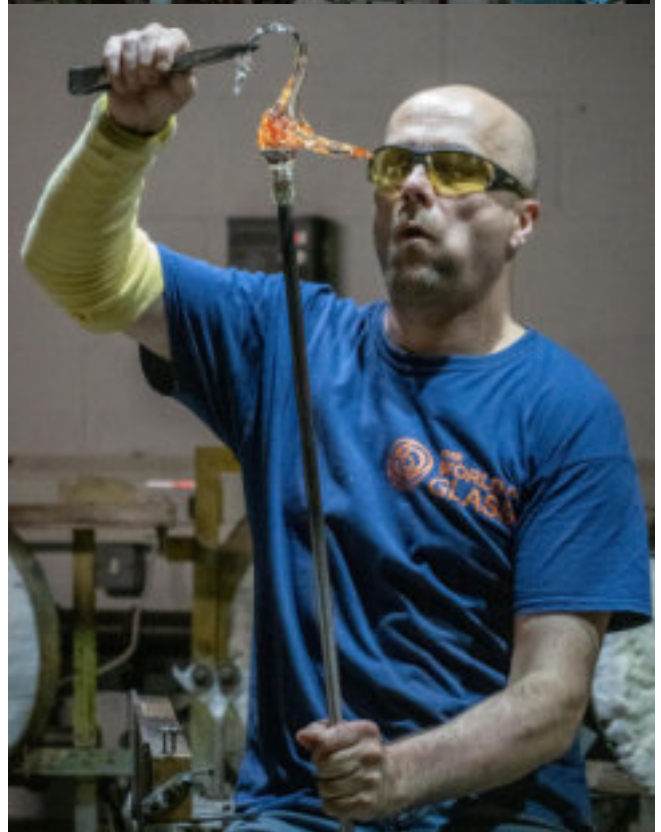
Yet, now there’s a much brighter future
In the tea bags, with the excesses

Of industrialisation purged,
As rabbits skip the light fandango,
Along the towpath, and
Moorhens, coots and regal herons,
Have made a welcome return,

And a Packet of Crisps) I believe

But, mooring alongside the Brindley,
Was pure “Theatre”, with an almost
“Titanic” moment, reprised, with our
Own U3a “Rose” stand in,
Spreadeagled at the bow,
Soaking up the grandeur, in the
Shadow of Runcorn’s iconic Bridge,
That could so easily have been
A scene from Sydney Harbour,
“Once more, U3a, you opened the door
And our hearts will go on and on,”

**INDUSTRIAL HISTORY GROUP
VISIT TO THE ST HELEN'S GLASS MUSEUM
TUESDAY 23RD JULY**





Film Appreciation Group

This month the Film Appreciation group will be marking the 50th anniversary of one of the seminal films of the "American New Wave" - Martin Scorsese's "Taxi Driver". Members will be considering how the break-out performances by Robert De Niro and Jodie Foster shaped their future careers and if the film's portrait of 1970's American society may still resonate today.

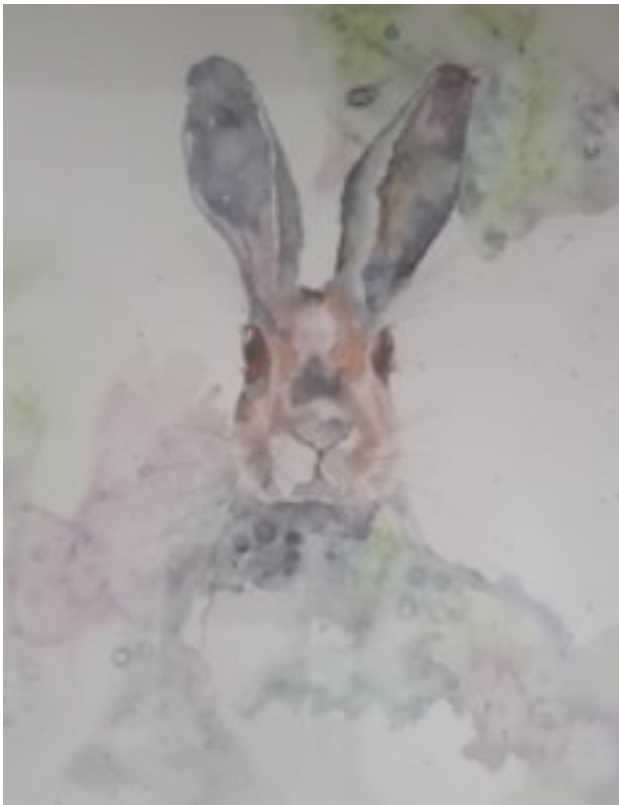


In contrast, "The Teacher's Lounge" is a 2023 German drama set in a secondary school which was nominated for "best International Film" at the Oscars, not least for the highly convincing

performance by Leonie Benesch. Both films are available on BBC iPlayer. If you'd like to join us, contact Steve or just come along to the Large Conference Room on the first floor of the Community Centre at 10.30 the 25th August .



PAINTING GROUP



The delicate work of
Stephanie



Lorraine's Quirky
Painting

Join u3a North West for a cracking good opportunity to catch up with u3a friends from around the region and find out what's going on.

When - Wednesday 30th September 11.00 - 4.30 pm

Venue - The Grand - The Grand, Lord Street, Southport PR9 0QG

Princess Grace Suite first floor - there's a lift.

Getting there- Free parking at the back of the Grand.

Local and Regional buses stop outside on Lord Street

Southport u3a members will collect visitors from Southport Train Station or 10-minute walk

(Please advise if you need collecting from the station and provide mobile number)

Agenda Activities

11.00 -11.30. Welcome & Refreshments

11.30 -12.30. Outside the Box Group Activity & Feedback

1.00 - 2.00 Lunch (choice of Beef Bourguignon or Vegetable Lasagne)

2.00 – 2.30 Trust Exploration Questions & Answers

2.30 onwards Working Together & Ice Cream

Who's Invited - Valued NW Regional members who want to be involved in our future.

Cost - £21.00 a head to include lunch, tea and coffee and afternoon ice cream.

Payment by Monday 21st September to

North West Region of u3as

Sort code 30-90-16

Account Number 00197002

Reference – Your initial and surname

Booking is now open.

Please use the link below to access the booking form

Any queries or anyone who doesn't use BACS can contact chair@nwru3a.org.uk to arrange payment by cheque.

See the u3a North West Region Website for a booking form